



MAY 2, 2017

TWO 1-HR SESSIONS: 4:00 & 6:30 PM

DICKINSON COUNTY

ENGAGE → LEARN → PREVENT

MENTAL HEALTH AWARENESS AND SUICIDE PREVENTION EVENT

Kansas Suicide Prevention Resource Center will give two "Mental Health Awareness and Suicide Prevention: Working Together" sessions: 4:00 pm and 6:30 pm.

Part of building and maintaining healthy communities is know what to look for and how to help when a friend, neighbor or family member is struggling with something more than everyday worries.

Sponsored by Quality of Life Coalition
with support from Kansas Prevention Communities Initiative.

For more information, contact: Vicki at (785) 263-1550 or director@qlcdkcoks.org.

FREE EVENT

**VISIT BOOTHS:
COMMUNITY OUTREACH
HEALTH & WELLNESS
MENTAL HEALTH
RESOURCES &
INFORMATION
BETWEEN
4:00-6:30 PM**

**WHO SHOULD ATTEND?
COMMUNITY MEMBERS
STUDENTS, TEACHERS,
ALL INTERESTED INDIVIDUALS
ARE ENCOURAGED TO
ATTEND AND LEARN ABOUT
CREATING SUICIDE SAFER
COMMUNITY**

**TOPICS INCLUDE:
RISK FACTORS
SYMPTOMS
TIPS FOR HELPING**

ABILENE HIGH SCHOOL

1300 N Cedar St
(main entrance on south side of
the building, parking on the
west side)

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4:00 – 6:30 pm